

Good WIL Dialogue – WIL and Emotions – 8 June 2023 Recommended resources

Gibbs model (1988) incorporates all the core skills of reflection:

- *Description* of the event
- *Feelings and thoughts* – self awareness
- *Evaluation* – judgement about what has happened
- *Analysis*
- *Conclusion and synthesis* – explore the issue
- *Formulation of an action*

Moon's (2000) sequence of reflection stages that participants move through:

- 'noticing'
- 'making sense'
- 'making meaning'
- 'working with meaning'
- and in some cases 'transformative learning'

Gibbs G. (1988). *Learning by doing: A guide to teaching and learning methods*. Oxford Further Education Unit.

Moon, J. A. (2000). *Reflection in learning and professional development: Theory & practice*. Kogan Page

T-graduate model

Martin, A. J., & Rees, M. (2019). Student insights: Developing T-shaped professionals through WIL. *International Journal of Work Integrated Learning*, 20(4), 365-374.

Student wellbeing

Morris, S., & Cranney, J. (2022). Promoting student wellbeing through dedicated units on the psychological science of wellbeing: rationale, nature, and student evaluations. *Psychology Learning & Teaching*, 21(3), 264–277. <https://doi.org/10.1177/14757257221098024>